

**For You...**

*I don't mean to be difficult,  
But my brain is often in a fight or flight mode.  
Self help and self sabotage appear as carbon copies,  
So no...I won't always get it right.*

*I don't want you to leave so I fight for you to stay,  
But my love then starts to suffocate us both.  
Your love embraces me so tight,  
I've forgotten how to breathe without you.*

*I try my best to be laid back...  
But laid back in my mind means lazy.  
Lazy means not doing enough,  
And I can't afford to not be enough for you.*

*I'm sorry I so often try to fix what isn't broken,  
But I just want you to stay with me.  
I want you to fight for me even when it feels impossible...  
because I'm willing to do whatever it takes.*

*Ironic and bittersweet really, I love being by myself  
But I'm terrified to be without you.  
Yes, you are the very reason my head aches,  
Yes, you obliterate the chaos around me.*

*I know I should say thank you more,  
You better me in ways you aren't even aware of.  
You make me feel whole again...  
It's a feeling I both know I deserve yet struggle to accept.*

*Your love and affection picks up my broken pieces,  
Even the sharp ones that poke your frustration.  
You unknowingly mend me back together...  
So I won't rest until the world is in your hands.*

*The road has been bumpy,*

*But we've never fit into a simplistic category anyway.  
Our connection while both difficult and beautiful runs deep...  
Perhaps that is why we can not give up on each other.*

*You've stuck by me for so long,  
That you've convinced me that I'm worth something.  
Because of you...  
I am no longer scared to let myself love deeply.*

*You hold my hand to comfort my uncertainty,  
So I take a deep breath and squeeze tight.  
Anything feels possible with you,  
So I'm willing to give it a try.*

*You erase the what ifs,  
And push me to appreciate what I've achieved so far.  
You empower me to be a better version of  
Myself for us both.*

*Thank you for learning to love me correctly,  
when I was nowhere near my best.  
You rejuvenated me and helped me find myself,  
So I promise to forever do the same.*