

The Dichotomy

I am two sides of the same coin:

I am a tempest:
Full of rage and fire
Sadness and tears
Worries and fears

But I am also the aftermath:
An eerie calm and serene waves
Joy and laughter
Ease and peace

I am the darkest days:
Lazy and cruel
Sobbing and numb
Dark and cold

But I am also the sun:
Dedicated and kind
Smiles and empathy
Bright and warm

I am hurt:
Scared and wounded
Tired and done
Angry and worn

But I am also healing:
Ready and scarred
Awake and excited
Happy and rejuvenated

I am a dichotomy:
A contradiction in all I am
A lover of winter who looks like summer
A creature of night forced to live in the day

I am the calm of the sea but made of a passionate fire

Quiet and loud
Alone not lonely

I am a warm rain
A shadow in the light
The tears that roll down a smiling face

I am a dichotomy